



nidms
national institute of dance
medicine and science



RETURNING TO DANCE

Alternatives to face to face: Outdoor activity, blended learning, and addressing digital poverty

Who we are

One Dance UK

Sector support organisation for dance

Subject association for dance in schools

Dance Medicine and Science Expert Panel



National Institute of Dance Medicine and Science

Enhancing dancers' health, wellbeing and performance



TRINITY LABAN CONSERVATOIRE
OF MUSIC & DANCE



UNIVERSITY OF
BIRMINGHAM

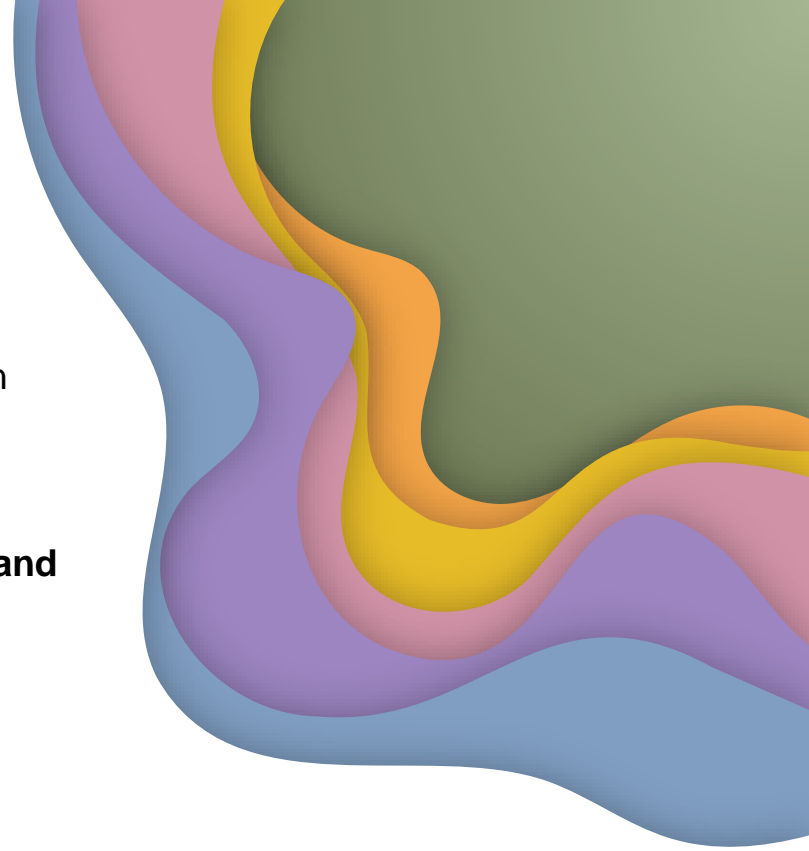


By the end of this webinar, we hope to

Discuss example alternatives to face to face dance activity in relation to relevant UK government guidance including

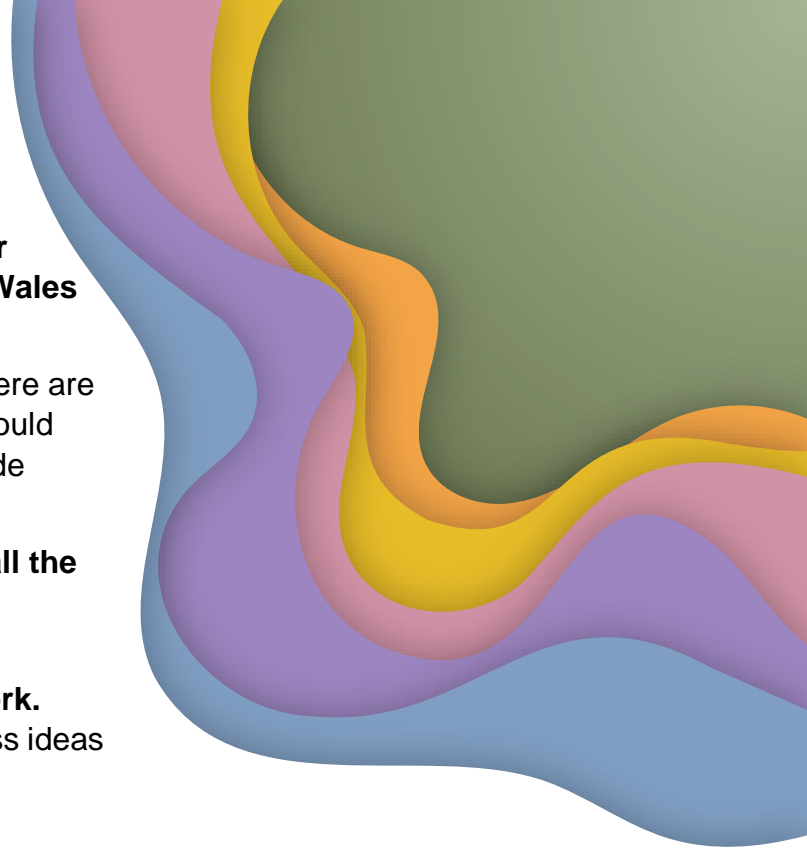
- **Technical positives within blended learning**
- **Outdoor activity and blended learning with technique and conditioning**

Provide an opportunity to ask questions



Context of these webinars

- Public health is a devolved issue. Keep in mind that **guidance for dance activities in England, Northern Ireland, Scotland and Wales varies.**
- If planning dance activity, you should always consider whether there are **local restrictions in place in your area or region.** If so, you should first read the guidance relevant to your area as this may supersede guidance in this webinar.
- **Government guidance will evolve with science. No one has all the answers,** as medical and scientific understanding of coronavirus disease is developing – we are learning together!
- **Read the relevant government guidance for your planned work.** Use creativity, consider the resources available to you and discuss ideas with others to address guidance within your context.
- We aim to:
 - Provide a space to discuss, raise questions, identify issues and share practice
 - Support practical implementation of government guidance across the dance sector to help everyone to return to dancing safely



How to use this webinar

Type questions into the Q&A box

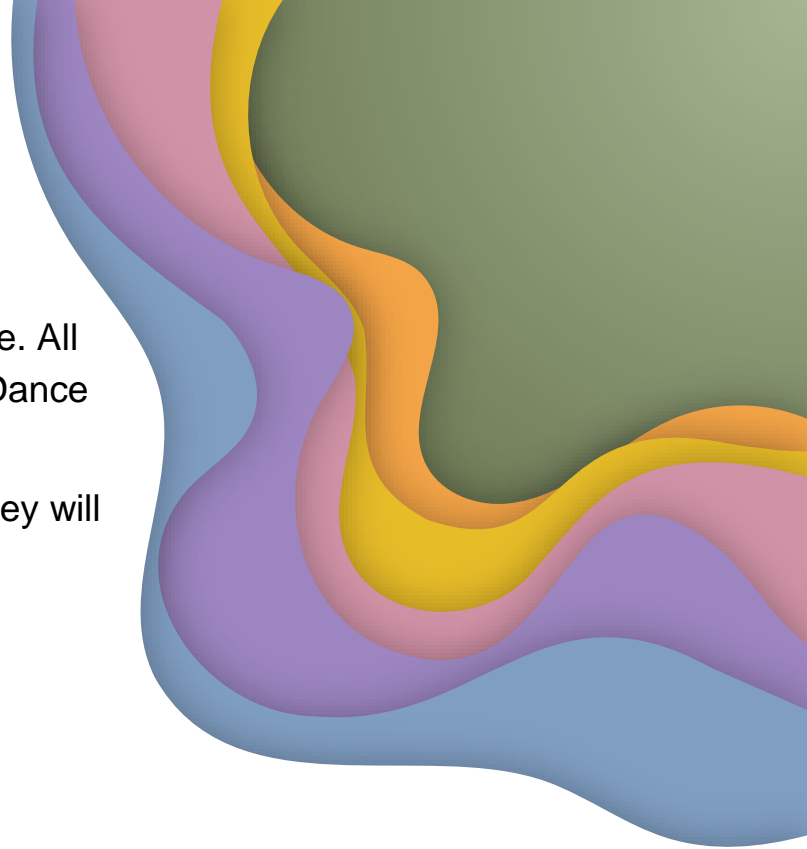
- We will try to address as many questions as possible live. All answered questions will be available in writing on One Dance UK's website after the session
- You can upvote questions you see in the Q&A box so they will move to the top of the list to be answered



CHAT



QUESTIONS



Our panel today

**Chair: Prof Emma
Redding, PhD, SFHEA**

Head of Dance Science

Trinity Laban Conservatoire of
Music and Dance



Edel Quin MSc FHEA

Programme Leader BSc and MSc
Dance Science, Senior Lecturer
Dance

University of Chichester



**Dr. Naomi Lefebvre Sell
PhD, SFHEA**

Programme Leader, MA/MFA Creative
Practice: Dance Professional Practice &
MA/MFA Creative Practice:
Transdisciplinary

Trinity Laban Conservatoire of Music and
Dance



Dr. Naomi Lefebvre Sell PhD, SFHEA

Programme Leader, MA/MFA Creative Practice: Dance Professional
Practice & MA/MFA Creative Practice: Transdisciplinary

Trinity Laban Conservatoire of Music and Dance



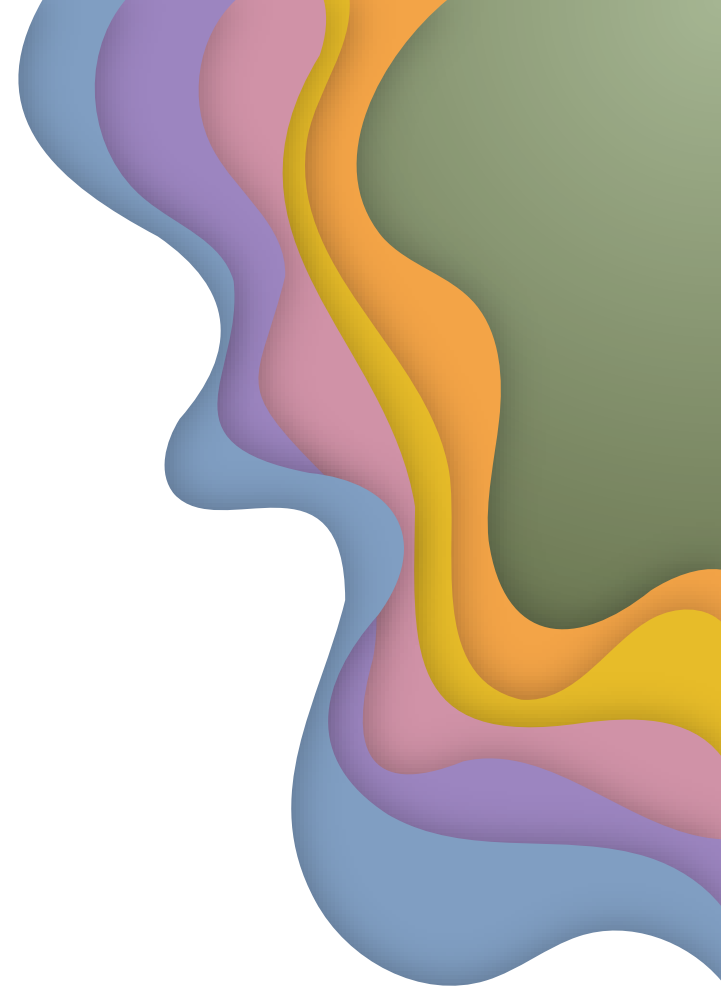
Technical positives within blended delivery

Flipped
classroom

Exchange of
resources

Domestic
space as
site

Outdoor
working



Edel Quin MSc FHEA

Programme Leader BSc and MSci Dance Science, Senior
Lecturer Dance

University of Chichester



Considerations for supporting engagement with Digital Learning



Access – devices and content



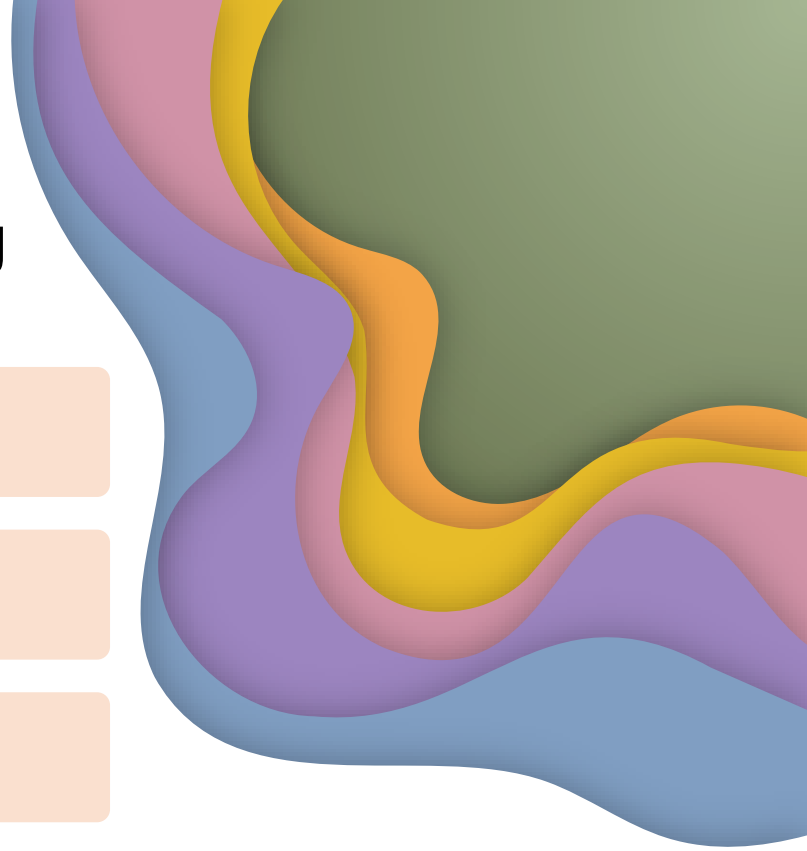
Which 'platform'?



Training and support



Pedagogy



A stylized, layered graphic consisting of several concentric, irregular shapes. The central area is a solid green color and contains the word "Questions" in white, sans-serif font. Surrounding this central area are several layers of different colors: a thin orange layer, a yellow layer, a pink layer, a purple layer, and a blue layer. The layers are slightly offset from each other, creating a sense of depth and movement. The overall shape is roughly circular but with irregular, organic edges.

Questions

Attend our upcoming webinars

- Friday 14 Aug 1-2pm Physical and mental preparation for returning to dance: Part 2 Nutrition and fitness
- Wednesday 19 Aug 1-2pm COVID19 vulnerability and equality and diversity: Review of the government guidance
- Thursday 20 Aug 10am – noon COVID19 vulnerability and equality and diversity Part 2: Voices from the sector on implications of vulnerability in COVID19 and returning to dance

Future webinars will cover:

- Transport, touring, and travel

