Resource Lists for Teachers of Dance

2019

Compiled by Fiona Smith
Introduction

Regardless of whether you are a newly qualified teacher just about to embark on teaching dance for the first time or, an experienced teacher, we all need fresh ideas and to know about the resources available to support and enrich our teaching. This resource updates and builds on the 2012 edition produced for the former National Dance Teachers Association. The lists have been compiled as a quick point of reference; they are personal suggestions from the contributors, offered in the spirit of sharing ideas and information. Lists typically contain a few ‘old favourites’ that stand the test of time and reference to new and emerging artists, research, resources and sources of support. The items listed are accessible through Google, Google Images, ITunes or YouTube.

Before showing any of the YouTube clips you are strongly advised to ensure they are suitable for the age, experience and motivation of your students.

Acknowledgements

Thank you to everyone who contributed to the original resource, in particular to members of the NDTA Executive Committee and the Dance and Physical Education trainees from the University of Brighton.
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Cover photo Peter Brook

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Various websites regularly visited by dance teachers.

- One Dance UK  
  [https://www.onedanceuk.org](https://www.onedanceuk.org)
- Regional dance agencies  
  [https://www.onedanceuk.org/resource/regional-dance-agencies/](https://www.onedanceuk.org/resource/regional-dance-agencies/)
- People Dancing. Foundation for Community Dance  
  [https://www.communitydance.org.uk](https://www.communitydance.org.uk)
- Arts Council England  
  [https://www.artscouncil.org.uk](https://www.artscouncil.org.uk)
- National Resource Centre for Dance  
  [https://www.surrey.ac.uk/national-resource-centre-dance](https://www.surrey.ac.uk/national-resource-centre-dance)
- Cultural Learning Alliance  
  [https://culturallearningalliance.org.uk](https://culturallearningalliance.org.uk)
- Association for Physical Education  
  [http://www.afpe.org.uk](http://www.afpe.org.uk)
- Youth Sports Trust  
  [https://www.youthsporttrust.org](https://www.youthsporttrust.org)
- Dance and Drama Awards  
  [https://www.gov.uk/dance-drama-awards](https://www.gov.uk/dance-drama-awards)
- Council for Dance, Drama and Musical Theatre  
  [https://cdmt.org.uk](https://cdmt.org.uk)
- National Centres for Advanced Training (CAT)  
  [https://www.nationaldancecats.co.uk](https://www.nationaldancecats.co.uk)
- Dance and Drama Awards  
  [https://www.gov.uk/dance-drama-awards](https://www.gov.uk/dance-drama-awards)
- Conservatoire for Dance and Drama  
  [http://www.cdd.ac.uk/](http://www.cdd.ac.uk/)
- Dance and Drama Awards  
  [https://www.gov.uk/dance-drama-awards](https://www.gov.uk/dance-drama-awards)
- The Place  
  [https://www.theplace.org.uk](https://www.theplace.org.uk)
- Northern School of Contemporary Dance  
  [http://www.nscd.ac.uk](http://www.nscd.ac.uk)
- Rambert School  
  [https://www.rambertschool.org.uk](https://www.rambertschool.org.uk)
- Trinity Laban Conservatoire of Music and Dance
  https://www.trinitylaban.ac.uk
- Dance Books
  https://www.dancebooks.co.uk
- Arts Pool
  www.arts-pool.co.uk
- AQA Examination Board: Dance qualifications. GCSE and A level
  https://www.aqa.org.uk/subjects/dance
- Pearsons Examination Board: Performing Arts BTEC
Various extracts that illustrate the breadth of dance work under the umbrella heading of contemporary dance.

The list includes dances from history and work by current and emerging choreographers.

- In This Shirt - Kate Jablonski and Beyond Words Dance Company [https://www.youtube.com/watch?v=sEKZj-H7qa8](https://www.youtube.com/watch?v=sEKZj-H7qa8)
- Free Fall - Caida Libre de Sharon Fridman [https://www.youtube.com/watch?v=UDNQ34C40YA](https://www.youtube.com/watch?v=UDNQ34C40YA)
- Hofesh Shechter – Political Mother [https://www.youtube.com/watch?v=fVktg2cY9vA](https://www.youtube.com/watch?v=fVktg2cY9vA)
- Counterpoint - Shobana Jeyasingh at Somerset House [https://www.youtube.com/watch?v=TSZUVgw2j3E&t=127st](https://www.youtube.com/watch?v=TSZUVgw2j3E&t=127st)
- SYTYCD 14/ The Finalists (Still I Rise) [https://www.youtube.com/watch?v=5xqc9YPmws0](https://www.youtube.com/watch?v=5xqc9YPmws0)
- Cry Me A River – Justin Timberlake Dance Video [https://www.youtube.com/watch?v=I-SE6Q9Le0](https://www.youtube.com/watch?v=I-SE6Q9Le0)
- Koresh Dance Company - Flowers on the Rain [https://www.youtube.com/watch?v=_oH19z5IuE&t=92s](https://www.youtube.com/watch?v=_oH19z5IuE&t=92s)
- Park - Jasmin Vardimon Dance Company [https://www.youtube.com/watch?v=m8SzLBPTiYk](https://www.youtube.com/watch?v=m8SzLBPTiYk)
- Siobhan Davies Dance - The Art of Touch [https://www.youtube.com/watch?v=vUU7pxe1vdM](https://www.youtube.com/watch?v=vUU7pxe1vdM)
- Tao Dance Theatre – Now Dance [https://www.youtube.com/watch?v=x-TRReyrO8Y](https://www.youtube.com/watch?v=x-TRReyrO8Y)
- Painted - Dorotea Saykaly [https://www.youtube.com/watch?v=Pd2KM3qjcKk](https://www.youtube.com/watch?v=Pd2KM3qjcKk)
- Alvin Ailey American Dance Theatre - Revelations [https://www.youtube.com/watch?v=RrPJ4kt3a64](https://www.youtube.com/watch?v=RrPJ4kt3a64)
- Candoco Company / Sadler’s Wells Theatre [https://www.youtube.com/watch?v=yMPdVyPkOjg](https://www.youtube.com/watch?v=yMPdVyPkOjg)
- Matthew Bourne’s – Swan Lake [https://www.youtube.com/watch?v=rQsECog9XGM](https://www.youtube.com/watch?v=rQsECog9XGM)
• Artificial Things - Stop Gap. III Festival 10 Sentidos
  https://www.youtube.com/watch?v=oEJncbz8gx8
• Kaaris – Charge (Mr Carmack Remix) Andrew Winghart
  https://www.youtube.com/watch?v=f8GgY2vXhNY
• Richard Alston – Overdrive
  https://www.youtube.com/watch?v=4XnqJLBD4Lw
• ‘Artificial Things’. By Stopgap Dance Company. Duet by David Toole and Laura Jones
  https://www.youtube.com/watch?v=KaK3ThJSOWg
• The Featherstonehaughs Draw on The Sketch Books of Egon Schiele
  https://www.youtube.com/watch?v=YCa5vlo-vOQ
• Alicia Keys - Fallin’/Carlo Atienza choreography
  https://www.youtube.com/watch?v=o31gnlCFQE
• Lloyd Newson - The Cost of Living
  https://www.youtube.com/watch?v=NShJJr1ztkM
• Limitless – Moving Souls
  https://www.youtube.com/watch?v=ISDCIpqfjps
• Beach Birds for Camera (1993) Merce Cunningham Dance Company
  https://www.youtube.com/watch?v=01H_rrpJ0CU
• Sidi Larbi Cherkaoui and Antony Gormley – Sutra
  https://www.youtube.com/watch?v=BRdB0Efc4ys
• Blake McGrath - Surrender
  https://www.youtube.com/watch?v=wYJCB63IPls
• Jocelyn Pook - Dust – Akram Khan, English National Ballet
  https://www.youtube.com/watch?v=U0CuMWTQUy8
• DV8 Physical Theatre, Can We Talk About This – Martin Amis
  https://www.youtube.com/watch?v=gNjeE53Pt4WQ
• Martha Graham - Lamentations
  https://www.youtube.com/watch?v=kIF8Ob8bRSE
• Leviathan - James Wilton Dance
  https://www.youtube.com/watch?v=XDJaJIr-T-g
• Ruby Tuesday - Christopher Bruce
  https://www.youtube.com/watch?v=0jhk_Ycdq8
• Rafael Bonachela’s 6 Breaths
  https://www.youtube.com/watch?v=C3NhvcomiDw
• So You Think You Can Dance The Girls SO 9 Travis Wall Contemporary Routine
  https://www.youtube.com/watch?v=5-H-FEjweQU
• Ballet Boyz
  https://www.youtube.com/watch?v=9FGjl8FGK2Y
• Swan Song Choreographed by Christopher Bruce
  https://www.youtube.com/watch?v=038BdfaaVVs
• Infra – Final Duet (The Royal Ballet)
  https://www.youtube.com/watch?v=bjERnGQjJfg
• Martha Graham Dance Videos
  https://www.youtube.com/watch?v=b_63g5TICeY
• Giselle - Mats Ek
  https://www.youtube.com/watch?v=PM92LVfbAqM
• NY Complexion contemporary ballet - To Make You Feel my Love
  https://www.youtube.com/watch?v=mF2k4RRfBb0
Various extracts to inspire boys to dance.

To offer work that is accessible the list includes work by professional artists, youth and school groups.

- BalletBoyz Live Stream
  https://www.youtube.com/watch?v=YkNLORDjnTQ
- BalletBoyz in rehearsal for Young Men
  https://www.youtube.com/watch?v=bWv8eghYkro
- Shashank Dogra Contemporary Dance - untitled
  https://www.youtube.com/watch?v=qjylVUyFv9w
- Jeremy Lepine - Sister
  https://www.youtube.com/watch?v=kXqGNEMgwuY
- Fiction (extract) Balletboyz
  https://www.youtube.com/watch?v=37Jb7_NHSIM
- Over The Edge Khronos Boys
  https://www.youtube.com/watch?v=ZK27CFqZi2k&app=desktop
- Maxxie’s Church Dance Routine – Skins
  https://www.youtube.com/watch?v=scYmnVGD4sQ
- DV8 – Enter Achilles
  https://www.youtube.com/watch?v=VY6rEZU9K8I&t=5s
- BBC Young Dancer of The Year 2015 Contemporary Dance (Grand Final)
  https://www.youtube.com/watch?v=Jm182Lp5DPY&t=98s
- Out of His Skin Brewery Arts Centre
  https://www.youtube.com/watch?v=SCVa5ISrn1k&app=desktop
- Sergei Polunin, Take Me To Church by Hozier, Directed by David LaChapelle
  https://www.youtube.com/watch?v=oZs_f4ZT9sw
- Precognition (Contemporary) - Top 10 guys
  https://www.youtube.com/watch?v=HEd7QAwxXL0
- Push by Company Chameleon
  https://www.youtube.com/watch?v=V6FrVCrqYv0
  https://www.youtube.com/watch?v=3IeeUt1AaVs
- Stand By Me – Benefit Performance for DRA
  https://www.youtube.com/watch?v=J1OXrZmY5yM&app=desktop
- Matthew Bourne – Nutcracker! – Trepak (Gobstopppers)
  https://www.youtube.com/watch?v=-ofM_1rPB5I
• Swansong choreographed by Christopher Bruce – Music by Philip Chambon
  https://www.youtube.com/watch?v=038BdfaaVVs
• Critical Mass pt1
  https://www.youtube.com/watch?v=outEm-V_G8Y
• Critical Mass pt2
  https://www.youtube.com/watch?v=BlYz9755uqE
• Northampton School for Boys at U.Dance 2017
  https://www.youtube.com/watch?v=nHF4g7GJWLY
• SYTYCD – Season 11 Boys – Wave
  https://www.youtube.com/watch?v=xDWlDVAzBhI
• Michael Dameski – Not in that way – 2014 Solo
  https://www.youtube.com/watch?v=ivhc_0dahpl&app=desktop
• Connor Scott – Contemporary Duet BBC Young Dancer 2015 Grand Final Contemporary Duet
  https://www.youtube.com/watch?v=a1Ke2NBNI0A
• Coreografia de Houfesh Schechter (Uprising)
  https://www.youtube.com/watch?v=kOJy_JHDVjc
• X Ambassador’s – UNSTEADY/ Official Dance Video - Love is Love
  https://www.youtube.com/watch?v=GsVXnCGij5o
• Circuit-ry /Men’s Contemporary Dance/ Richard Elszy-Choreography
  https://www.youtube.com/watch?v=QyiFuoYu1Tc
• Chorley & Dist Boys Dance Co at U.Dance 2014
  https://www.youtube.com/watch?v=EMRKD7tPuVM
• Swan Lake. Park Scene Part 1
  https://www.youtube.com/watch?v=1QxgNNjZxKE
• SYTYCD Tucker Robert – Medicine
  https://www.youtube.com/watch?v=RQ11mwgbReE
• Youth-Daughter/ Bonnie Su Dance Choreography
  https://www.youtube.com/watch?v=09yJUYDrBg
• Alvin Ailey Revelations – Sinnerman
  https://www.youtube.com/watch?v=l-OuqB1pgys
• Torsion Unwound – Balletboyz
  https://www.youtube.com/watch?v=rNmXzQ9h6vo
• Commotions Boys Youth Dance Company – U.Dance NW 2015 Regional Platform
  https://www.youtube.com/watch?v=3zidXH6SySw
• SYTYCD 8 – Top 14 Guys Contemporary
  https://www.youtube.com/watch?v=Z09ccERQqaE
• Joaquin Cortes – Ballet – Amazing Flamenco Dancer
  https://www.youtube.com/watch?v=IrHODnJEl
Various extracts that illustrate a variety of dance genres and some more ‘alternative’ perspectives on dance

- **Shape of You** Carnatic/ Indian /Contemporary / Amit Patel/ Indian Raga  
  [https://www.youtube.com/watch?v=gbWYS6sULx0](https://www.youtube.com/watch?v=gbWYS6sULx0)

- **Pilobolus Dance Theatre - Shadowland**  
  [https://www.youtube.com/watch?v=Ff5I6junqUo](https://www.youtube.com/watch?v=Ff5I6junqUo)

- **(1st Place) Just Jerk/Body Rock2016 (@VIBR/VNCY Front Row 4K)**  
  [https://www.youtube.com/watch?v=p6fiiTvPb3U](https://www.youtube.com/watch?v=p6fiiTvPb3U)

- **The History of African-American Social Dance – Camille A. Brown**  
  [https://www.youtube.com/watch?v=dpCBMwAweDI](https://www.youtube.com/watch?v=dpCBMwAweDI)

- **Unspoken Spoken; A new dance film from CandoCo Dance Company**  
  [https://www.youtube.com/watch?v=8DX4wMcvdRE](https://www.youtube.com/watch?v=8DX4wMcvdRE)

- **Step Sisters – THETA Step Dance #3**  
  [https://www.youtube.com/watch?v=RzFQZ-YyVhg](https://www.youtube.com/watch?v=RzFQZ-YyVhg)

- **Giselle – Dada Masilo**  
  [https://www.youtube.com/watch?v=O8OLymNSG8](https://www.youtube.com/watch?v=O8OLymNSG8)

- **Sytycd 14/ Marko & Koine (Speaking in Tongues II)**  
  [https://www.youtube.com/watch?v=sE2cZLbiVtE](https://www.youtube.com/watch?v=sE2cZLbiVtE)

- **Evolution of Dance – Twist & Pulse**  
  [https://www.youtube.com/watch?v=uqHt2VeYJN4](https://www.youtube.com/watch?v=uqHt2VeYJN4)

- **Stomp Live – Part 1 - Brooms**  
  [https://www.youtube.com/watch?v=tZ7aYQtldg](https://www.youtube.com/watch?v=tZ7aYQtldg)

- **Paolo Bendetti Acro Physical Theatre / 2 Contact**  
  [https://www.youtube.com/watch?v=gwD__myXybs](https://www.youtube.com/watch?v=gwD__myXybs)

- **DV8 Physical Theatre/ To Be Straight With You: Christian Protestor**  
  [https://www.youtube.com/watch?v=PvctLx8H8xs](https://www.youtube.com/watch?v=PvctLx8H8xs)

- **Dynamite Hip-Hop Infinite Flow – An Inclusive Dance Company**  
  [https://www.youtube.com/watch?v=0ME3t8z1whA](https://www.youtube.com/watch?v=0ME3t8z1whA)

- **Babel (words) – Eastman/ Sidi Larbi Cherkaoui & Damien Jalet**  
  [https://www.youtube.com/watch?v=GhTQ86gY3qk](https://www.youtube.com/watch?v=GhTQ86gY3qk)

- **Strictly pros and Candooco Dance Company perform Life of Mars. BBC Strictly 2018**  
  [https://www.youtube.com/watch?v=b8LkkTRbr_E](https://www.youtube.com/watch?v=b8LkkTRbr_E)

- **Hand Clap Skit – The Original**  
  [https://www.youtube.com/watch?v=lDyIo_LRIZ4](https://www.youtube.com/watch?v=lDyIo_LRIZ4)

- **Core Connection/ Sharing Balance in Contact Improv**  
  [https://www.youtube.com/watch?v=jcrbldY3HZc](https://www.youtube.com/watch?v=jcrbldY3HZc)
• Shiva Shambho: Most watched Bharatanatyam Dance / Best of Indian Classical Dance
  https://www.youtube.com/watch?v=JWhA3IdZcyY

• Just Jerk/Elements XV112017 (@VIBRVNCY Front Row 4K)
  https://www.youtube.com/watch?v=WFBywvGzxPY

• Yellow-Legion of Extraordinary Dancers
  https://www.youtube.com/watch?v=gNaHaO4KNtY

• COLLAB / @PhillipChbeeb x @InfiniteFlowDance @MarisaHamamoto @Piotr…
  https://www.youtube.com/watch?v=9V4J_skCIFc

• Africa Umoja: Celebrating 20 Years of Freedom and Democracy
  https://www.youtube.com/watch?v=A-ELMfSWLjg

• Amazing Tron Dance performed by Wrecking Orchestra
  https://www.youtube.com/watch?v=-Rot9uaVO8s

• STEPS
  https://www.youtube.com/watch?v=dC2-X1Gk1Cw&list=RDdC2-X1Gk1Cw&start_radio=1#t=13

• @WillBBell All I Ask – Adele (Will B.Bell Choreography)
  https://www.youtube.com/watch?v=A4kXbBHSA9w

• As The World Tipped – Wired Aerial Theatre, Liverpool, GB
  https://www.youtube.com/watch?v=RK7GHI9F3B8

• Silly Symphonies – The Skeleton Dance
  https://www.youtube.com/watch?v=vOGhAV-84il

• Kathak Dance / Vidya Patel / TED x Brum
  https://www.youtube.com/watch?v=Fz_Tpp0q73A

• Nicholas Brothers – The Greatest Tap Sequence
  https://www.youtube.com/watch?v=fNKrm6H-qOU

• In the internet age, dance evolves
  https://www.youtube.com/watch?v=LickScLypGA

• Top 6 dancers So You Think You Can Dance season 10 top 6
  https://www.youtube.com/watch?v=HaMw-2kl1LU

• Motion Control
  https://www.youtube.com/watch?v=8ZNXk1JZems

• Sia – Elastic Heart feat. Shia LaBeouf & Maddie Ziegler (Official video)
  https://www.youtube.com/watch?v=KWZGAExj-es

• Horse
  https://www.youtube.com/watch?v=GTbSuC-U0OQ

• Top 12 Blackbird
  https://www.youtube.com/watch?v=zbG2nBQfbz4

• Chinese Swan Lake The Four Swans Turned into Four Small Frogs
  https://www.youtube.com/watch?v=MDy_XrWfxHY

• ODC Dance Company – Love on the Run(Short film)
  https://www.youtube.com/watch?v=9RhRiLpIrJQ
• Top 10 Best Traditional African Dances
  https://www.youtube.com/watch?v=gDPdBiR5aoQ

• Lost in Motion
  https://www.youtube.com/watch?v=4OR-n3Rg6E8

• SLIP/@PhillipChbeeb@Renee Kester/@ElliotMossMusic
  https://www.youtube.com/watch?v=qk00gbDwGqM

• Side Step Irish Dance Company
  https://www.youtube.com/watch?v=x-3WYjJVVoU&list=RDoy3gCVaYk8E&index=7

• Judson Dance Theatre: The Work is Never Done/ MoMA Live
  https://www.youtube.com/watch?v=sVoKgoME8Q

• Variations V (1966) Merce Cunningham Dance Company
  https://www.youtube.com/watch?v=yOAagU6cfBw&list=PLscGLHLOJYDB-Sv-QrmuKgLQVScZKzr9

• Tap Dogs I Beams
  https://www.youtube.com/watch?v=oRUdvu3Qo-E

• Yablochko Igor Mois
  https://www.youtube.com/watch?v=K21yi2lEgrA

• Rehearsal – Night on Bald Mountain – Igor Moiseyev Ballet
  https://www.youtube.com/watch?v=Baz0b9e2PsU

• Gumboot dance
  https://www.youtube.com/watch?v=uuSuKGFzaho

• Male Ballet on Pole
  https://www.youtube.com/watch?v=rXMhSftdQ0Q

• Lindy Hop Hellzapoppin
  https://www.youtube.com/watch?v=r5u5nxnroro

• Real 1950s Rock & Roll, Rockabilly dance from lindy hop!
  https://www.youtube.com/watch?v=Rf55gHK48VQ

• Cheek to Cheek – Fred and Ginger
  https://www.youtube.com/watch?v=n3RSIukw9U0

• Indlondlo Zulu Dancers
  https://www.youtube.com/watch?v=iB37tnlKIlc

• The Dances of New Zealand : The Haka and the Poi
  https://www.youtube.com/watch?v=GQ7kuDAq6j4

• Pina Bausch-Seasons March
  https://www.youtube.com/watch?v=vlpgjsOr6hk

• Aboriginal dance show – Australia
  https://www.youtube.com/watch?v=OhyKsEn6_So

• Ballet Flamenco Andalucía – Flamenco Festival at New York City
  https://www.youtube.com/watch?v=cm9IYSDxagc

• Top 10 Iconic Broadway Dance Numbers
  https://www.youtube.com/watch?v=vgmDwkJAMRI
List 5. YouTube clips: dance in adverts

Various adverts that include dance.

- The A-Z of dance ID - Jogg Jeans  
  https://www.youtube.com/watch?v=UFZxK8edZWA
- Marks and Spencer’s Christmas 2019  
  https://www.youtube.com/watch?v=IH7Htz_oY3Q
- H&M Spring Season 2018: The Dance  
  https://www.youtube.com/watch?v=t-ioZDeER-s
- Vodafone Unlimited  
  https://www.youtube.com/watch?v=lgSMXiWraZM
- Tesco dance beats super group performance (Full version)  
  https://www.youtube.com/watch?v=gSRUvrtmZMQ
- Nike JUST DO IT (HipHop v Ballet) Nike, Russia  
  https://www.youtube.com/watch?v=SDKzWc9AQ7s
- Orange – TV advert- dance (Mother London)  
  https://www.youtube.com/watch?v=tCpRmpaoa1U
- #Samsung Norway: Official release Samsung Galaxy S5 (live) by Strawhaz  
  https://www.youtube.com/watch?v=0KUnXpwmrqQ
- Levi’s “Circles’ Commercial Full  
  https://www.youtube.com/watch?v=ZgcgFP9nGqY
- Movement Microsoft Surface  
  https://www.youtube.com/watch?v=des3dpKtfIM
- Samsung Galaxy - Unleash your fingers next generation  
  https://www.youtube.com/watch?v=eKBm9RZs_Ks
- Under Armour Misty Copeland- I will what I want  
  https://www.youtube.com/watch?v=zWJ5_HiKhNg
- Lipton Ice Tea – Tokyo Dancing Hotel  
  https://www.youtube.com/watch?v=hUjgCY8TrgE
- Kenzo World. – The New Fragrance  
  https://www.youtube.com/watch?v=ABz2m00lmPg
- Hong Kong Ballet 40th Anniversary Season  
  https://www.youtube.com/watch?v=rUTqxFpUtXwVideo
- Lexus IS 2013 TV Advert: Poise  
  https://www.youtube.com/watch?v=rIYVhDKCbqY
- L’il Buck ‘Denim moves you’. Gap by Arthur McArthur  
  https://www.youtube.com/watch?v=uzOy1DBAGxk
- Ipod Ad-Walkie Talkie Man  
  https://www.youtube.com/watch?v=UH5ZTvMhalk
• Dance-Off; Halifax Irish TV Ad
  https://www.youtube.com/watch?v=rqdQeLW36F8
• Nike - Woman Breakdance
  https://www.youtube.com/watch?v=QT9JKzioz8w
• Volkswagen Polo tango advert – Tough. Beautiful. Polo
  https://www.youtube.com/watch?v=rDoEiezUoXk
• L’envol, Air France’s new international advertising campaign
  https://www.youtube.com/watch?v=BlsxwZfJDgw
• Nonstop to Rudimental ft. John Newman-Feel the Love
  https://www.youtube.com/watch?v=Zr5zPzeAUGo
Various music for choreography and classwork.

Only one album per artist is identified however, the majority of named artists have produced multiple albums worth considering.

All music is available from Itunes but may be available via other music apps.

**Various**

- *Into the Trees* by Zoe Keating
- *The Sound Between* by Break of Reality
- *Animal* by Bro Safari and UFO
- *Tri Repetae* by Autechre
- *Maria T* by Balanescu Quartet
- *Planet Earth 11* by Hans Zimmer
- *Insides* by Jon Hopkins
- *Plastic Star* by Byetone
- *Infra* by Max Richter
- *Shadow Box* by Beats Antique
- *Miah* by Les Negres Vertes
- *Lemon Cello* by various artists
- *Afrobeats 2019* by various artists
- *Funkblaster* by KOAN Sound
- *The Last Resort* by Trentmoller
- *Fear in a Handful of Dust* by Amon Tobin
- *Adiemus III Dances of Time* by Karl Jenkins
- *Spiritchaser* by Dead Can Dance
- *Sai-So* by Kodo
- *Provenance* by Maya Beiser
- *The Day Is My Enemy* by Prodigy
- *Music Inspired by the Hunger Games Trilogy* by The District 13 Players
- *Lounge Lizards* by The Lounge Lizards
- *La Revancha Del Tango* by Gotan Project
- *A String Tribute to Skillet* by Cellofourte
- *No Geography* by Chemical Brothers
- *Gaudette* by Karl Jenkins
- *Drums of The World*
- Island: Essential Einaudi by Ludovico Einaudi
- Django by Django
- Six Breaths by Ezio Bosso
- Alternative Light Source by Leftfield
- Re:member by Olafur Arnalds

Movie soundtracks
- Macbeth and Assassin’s Creed By Jed Kurzel
- The 12th Room, Six Breaths and The Things That Remain by Ezio Bosso
- The Double by Andrew Hewitt
- The dressmaker by David Hirschfelder
- Planet of the Apes by Danny Elfman
- The Odd Life of Timothy Green by Geoff Zanelli
- Transformers: Age of Extinction by Steve Jablonski
- Requiem for a Dream by Clint Mansell
- The Social Network by Trent Reznor and Atticus Ross
- Spy Game by Harry Gregson-Williams
- Seven Days Walking and Nightbook by Ludovico Einaudi
- The Dark Knight Rises by Hans Zimmer
- Blood Diamond by James Newton Howard
- Battlefield 1 by Johan Soderquist
- Infamous by Amon Tobin
- Amelie by Yann Tiersen
- Rhinoceros by Oguz Kaplangi
- The Hours and A Zed and Two Noughts by Michael Nyman
- Marina Abramovic: The Artist is Present by Nathan Halpern
- Snow White and the Huntsman by James Newton Howard
- Dracula by Kronos Quartet
- Darfur Now by Graham Revell
- Hanna by Chemical Brothers
- Five Guys Named Moe by Louis Jordan
- Schindlers List by Itzhak Periman
- Qualia by Scanner
- Bedouin by Pavel Dovgal
- Robin Hood by Marc Streitenfield
- Crouching Tiger, Hidden Dragon by Yo Yo Ma
- Fight Club by The Dust Brothers
- American Beauty by Thomas Newman
- The Killing Fields by Mike Oldfield
- Kill Bill by Various artists
- Shallow Grave by Various artists
Various paintings and sculptures that work well as a starting point for dance.

Only one painting / sculpture per artist is identified however, the majority of the named artists have produced multiple works worth considering.

Search Google Images for:

**Paintings**
- *Black and purple* by Kandinsky
- *Cyborg with a pearl earring* by Patrick Lee
- *Raining men* by Magritte
- *Guernica* by Picasso
- *Scream* by Edvard Munch
- *Dogs playing poker* by Cassius Coolidge
- *The temptation of St. Anthony* by Salvador Dali
- *We can do it* by Howard Miller
- *View in museums* by Roy Lichtenstein
- *Ophelia* by John Everett Millais
- *Sky and water* by Escher
- *St Jerome* by Caravaggio
- *Self-portrait* by Elaine de Kooning
- *Encelade* by Victor Vasarely
- *Water bearers* by Camille N
- *The card players* by Paul Cezanne
- *Elegy to the Spanish republic* by Robert Motherwell
- *The oblong and winding road* by Piet Mondrian
- *The desperate man* by Gustave Courbet
- *The red dragon - black fire* by Robert R Splashy
- *Detail of the last supper* by Andy Warhol
- *Waiting for god* by Tracey Rose
- *Metamorphosis of Narcissus* by Salvador Dali
- *The nightmare* by Adrian Ghenie
- *The Sportsmen* by Kazimir Malevich
- *Liberty leading the people* by Delacroix
- *Take five* by Alfred Gockel
- *The day it rained* by LS Lowry
- *Art in a minute* by Jackson Pollock
- *Starry night* by Van Gogh
• Am7 by Laszio Moholy-Nagy
• Rosa Tripkex by Date Rossetti
• Self-portrait as Janus by Tai-Shan Schierenberg
• The inevitable by Ibrahim Salahi

Sculpture
• The force of nature by Lorenzo Quinn
• Matrix 111 by Anthony Gormley
• Enfados by Jesus Curia Perez
• Eskalation by Alexandra Birchen
• The monument of an anonymous passer-by by Jerzy Kalina
• The black whole Conference chair by Michel de Broin
• Attraction by Mike Fields
• Ghost by Kader Attia
• Winged figure by Barbara Hepworth
• The thinker by Rodin
• Knife angel by Alfie Bradley
• Growing up gets me down by Alex Chinneck
• Constrain by Grant Ashton
• Break Through You Mold by Zenos Frudakis
• The moon man by Dilomprizulike
• Spider by Louise Bourgeois
• Dancing with dandelions by Robin Wight
• Pieta by Michelangelo
• ArcelorMittal Orbit by Anish Kapoor
• Bicycle wheel by Marcel Duchamp
• Inner children trapped inside adult by Alexander Milov
• Shoes on the Danube by Can Togay and Gyula Pauer
• The motherland calls by Yevgeny Vuchetich and Nikolai Nikitin
• Unique forms of continuity in space by Umberto Boccioni
• Vicissitudes by Jason Decaire
• The caring hand by Eva Oertli and Beat Huber
• Laocoon and his sons by Agesander, Polydorus, Athenodoros of Rhodes et al
List 8. Stimuli for dance: props

Various props that work well as a starting point for dance.

All props should be checked to ensure they are safe and fire proofed where necessary.

- Various hats
- Umbrellas
- Letters
- Brief cases
- Ladders
- Newspapers
- Sunglasses
- Pillows
- Brooms
- Raincoats / white coats / forensic suits
- Beanbags
- Various size chairs
- Clip boards
- Playing cards
- Remote controls
- Carpet squares (grip mesh underneath)
- Phones
- Photo albums
- Dustbins
- Head torches
- Balloons
- Dice
- Games e.g. Twister
- Pop up tents
- Small rocks/pebbles for stone balancing
- Masks e.g. Venetian, white face, half face, vendetta
- Black/ white gaffer tape to mark out various shapes on the floor
- Framed artist canvas and paint/marker pens
- Artificial flowers
Various poems and text that work well as a starting point for dance.

Only one item per author is identified however, the majority of the named authors have produced multiple poems, letters or speeches worth considering.

**Poems**
- *Frogs* by Norman MacCaig
- *I got flowers today* by Paulette Kelly
- *I am falling off a mountain* by Jack Prelutsky
- *Remains* by Simon Armitage
- *Fog* by Carl Sandburg
- *Maggie and Milly and Molly and May* by EE Cummings
- *Street Boy* by Gareth Owen
- *De rong song* by Benjamin Zephaniah
- *Love and Friendship* by Emily Bronte
- *Out and About the Lads* by Roger McGough
- *The shoes* by John Mole
- *What life should be* by Pat A. Fleming
- *Vultures* by Chinua Achebe
- *The road not taken* by Robert Frost
- *Dusting the phone* by Jackie Kay
- *What has happened to Lulu* by Charles Causley
- *If I knew* by Sandra R
- *The psalm of life* by Henry Wadsworth Longfellow
- *Timothy Winters* by Charles Causley
- *Assault* by Erno Muller
- *Lord of the Dance* by Sydney Carter
- *The Way* by Edwin Muir
- *The Feel of Hands* by Thom Gunn
- *Choose* by Carl Sandburg
- *The bogus boo* by James Reeves
- *Hesitant* by Brian Patten
- *What’s weird about a mirror* by Arden Davidson
- *A Case of Murder* by Vernon Scannell
- *Do not go gentle into that good night* by Dylan Thomas
- *Just a note* by Darlene Navarro
- *Fern Hill* by Dylan Thomas
• Stop all the Clocks by WH Auden
• Prayer before Birth by Louis MacNiece
• Futility by Wilfred Owen
• Humble and grumble by Eldred Herbert
• Being a kite by Jacqueline Sweeney
• Living Space by Imtiaz Dharker
• I will live and Survive Irena Ratushinskaya
• Morning Song by Sylvia Plath
• Get up and go by Peter Seeger
• Being a twin by Amanda. J. Cook
• No home in this land by Rasaq Malik
• The voice of addiction by Carrie Roush
• Get a transfer by unknown poet
• I like to bake by Vivien Wade

Poetry anthologies, collections of letters and speeches
• The Lioness Awakens by Lauren Eden
• The Complete Poetry by Maya Angelou
• A poet called Dave by Dave Viney
• The Sun and her Flowers by Rupi Kaur
• The Prophet by Kahlil Gibran
• The Choosing: The Selected Poems of Liz Lochhead
• A Year of Reading Aloud: 52 Poems to Learn and Love compiled by Georgina Rodgers
• AQA GCSE Anthology of Poetry: Power and Conflict
• More Letters of Note: Correspondence Deserving of a Wider Audience compiled by Shaun Usher
• Four Letter Word New Love Letters Edited by Joshua Knelman and Rosalind Porter
• 800 Years of Women’s Letters compiled by Olga Kenyon
• Speeches that changed the world with an introduction by Simon Sebag Montefiore
List 10. Core reading for your bookshelf

Various publications to support your daily teaching and subject knowledge

- Dance Teaching Framework: Early Years Foundation Stage – Key Stage 5 (16-19) One Dance UK
- Price, C. and Dale, L. Assessment Without levels at Key Stage 3. One Dance UK. Arts Council England, National Governors Association and One Dance UK.
- Dance Education, a guide for Governors and Trustees
• Pallant, C. Contact Improvisation: An Introduction to a Revitalising Dance Form. Jefferson North Carolina, McFarlane and Co


Various websites, books and resources to support teaching primary dance.

- Primary Dance DVD: Using dance to support learning across the curriculum. Association for Physical Education. [https://www.afpe.org.uk/physical-education/primary-dance-dvd/](https://www.afpe.org.uk/physical-education/primary-dance-dvd/)
- BBC School Radio – Primary Dance [https://www.bbc.co.uk/programmes/p007g5y4](https://www.bbc.co.uk/programmes/p007g5y4)
- Rhythm Games “Sticks & Keys” dance lessons for kids and adults [https://www.youtube.com/watch?v=qti8j5xKqSQ](https://www.youtube.com/watch?v=qti8j5xKqSQ)
- Creative Movement and Dance; Teaching Strategies [https://www.youtube.com/watch?v=23ULyr79pCk](https://www.youtube.com/watch?v=23ULyr79pCk)
- A tool kit for primary dance [https://www.youtube.com/watch?v=OCqAXvYFHw](https://www.youtube.com/watch?v=OCqAXvYFHw)
- Teachers TV: Dance Basics [https://www.youtube.com/watch?v=axoXBKVvlVI](https://www.youtube.com/watch?v=axoXBKVvlVI)
- Teachers TV: What is High Quality Dance? [https://www.youtube.com/watch?v=hzkL_LSro0s](https://www.youtube.com/watch?v=hzkL_LSro0s)
• Diwali Dance Activity for kids
  https://www.youtube.com/watch?v=VmyalShkAzO

**Story books to dance to**


**Poetry**

For a range of poems suitable for younger children see Kenn Nesbitt’s poetry at [www.poetry4kids.com](http://www.poetry4kids.com)
Various websites, books and resources to support teaching dance examinations.

Though some of these resources are linked to the AQA GCSE and A Level specification, many of the choreographers and professional works included can be used as part of the BTEC and RSL qualifications.

See List 10. Core Reading for your Bookshelf, for resources related to general subject knowledge in dance relevant for examinations.

**General**
- [https://www.moovbank.com/](https://www.moovbank.com/)
- [http://www.candoco.co.uk/learning/schools-and-colleges/resources](http://www.candoco.co.uk/learning/schools-and-colleges/resources)
- [https://russellmaliphantdancecompany.com/resources](https://russellmaliphantdancecompany.com/resources)
- [https://www.danceconsortium.com/features/dance-resources/dance-timeline/](https://www.danceconsortium.com/features/dance-resources/dance-timeline/)
- [http://www.5soldiers.co.uk/engagement/](http://www.5soldiers.co.uk/engagement/)
- Clunie, M. Dale, L. and Paine, L. (2009) *AQA GCSE Dance*. Cheltenham, Nelson Thorne. (Good for subject knowledge but terminology and content must to be checked against the latest specification to ensure compliance)
- Arts Pool. Commercially available resources to support teachers. [https://arts-pool.co.uk](https://arts-pool.co.uk)
- Arts Pool – Interactive online CPD for teachers of GCSE dance - Live [https://arts-pool.co.uk/live/](https://arts-pool.co.uk/live/)

**AQA GCSE Dance**
- AQA Dance GCSE [https://www.aqa.org.uk/subjects/dance/gcse/dance-8236](https://www.aqa.org.uk/subjects/dance/gcse/dance-8236)
- Within her eyes – James Cousins Company [https://www.jamescousinscompany.com/within-her-eyes](https://www.jamescousinscompany.com/within-her-eyes)
- GCSE resources [https://www.jamescousinscompany.com/dance](https://www.jamescousinscompany.com/dance)
- Behind the scenes footage [https://www.youtube.com/watch?v=qWGl8Pdgg-o](https://www.youtube.com/watch?v=qWGl8Pdgg-o)
• Infra -Wayne McGregor – Royal Ballet
  https://waynemcgregor.com/

• Shadows – Christopher Bruce - Phoenix Dance Theatre
  https://www.phoenixdancetheatre.co.uk/production/shadows/
  https://www.rambert.org.uk/performance-database/people/christopher-bruce/
  https://www.youtube.com/watch?v=_2DDKCou-8s

• Artificial Things – Lucy Bennett - Stop Gap Dance
  https://www.stopgapdance.com/artificial-things--the-film

• Emancipation of Expressionism – Kenrick H²0 Sandy - Boy Blue
  http://boyblueent.com/?page_id=16352

AQA A Level
• AQA Dance A-Level
  https://www.aqa.org.uk/subjects/dance/as-and-a-level/dance-7237

• Compulsory area of study: Rambert Dance Company (formally Ballet Rambert) 1996-2002
  https://www.rambert.org.uk
  https://www.rambert.org.uk/about-us/our-history/
  https://www.rambert.org.uk/explore/rambert-archive/

• Set work: Rooster (Christopher Bruce, 1991)
  https://www.youtube.com/watch?v=6uSJ4OereW8  Rooster in rehearsal
  https://www.youtube.com/watch?v=Jp8glO7dhQI  Interview with Christopher Bruce
  https://www.rambert.org.uk/

• Cruel Garden
  https://www.youtube.com/watch?v=duxtr1KFOfc

• Sergeant Early’s Dream
  https://www.youtube.com/watch?v=NXKF3tN_bsb&list=PLK36XzKsb cjGmeDOWlq1fPp13xPOnVKCb

• Glen Tetley
  https://www.independent.co.uk/news/obituaries/glen-tetley-436066.html

• Robert North
  https://www.rambert.org.uk/performance-database/people/robert-north/
• Richard Alston  
  https://www.richardalstondance.com/download-radc-resources  
  https://www.theguardian.com/stage/2009/nov/02/richard-alston-choreography-dance

• Pulcinella  

• Siobhan Davies  
  https://siobhandavies.com/as-a-level-dance/  
  https://www.siobhandaviesreplay.com/

• Ashley Page  
  http://www.rambert.org.uk/performance-database/people/ashley-page/

• Optional set work: Appalachian Spring (Martha Graham, 1944)  
  https://www.youtube.com/watch?v=XmgAKGxQVw Part 1  
  https://www.youtube.com/watch?v=PTdyDOWtE2Q Part 2  
  https://www.youtube.com/watch?v=9iy-NeDjT-g Part 3  
  https://www.youtube.com/watch?v=6Kln6xHbSzg&t=112s Part 4  
  http://www.marthagraham.org/history/  

• Examples of Graham exercises  
  https://www.bbc.co.uk/programmes/articles/1zh8PN4HdKZq6Tw4PsGdijG/martha-graham-step-by-step

• Doris Humphrey  
  http://dorishumphreymdp.weebly.com/about.html  
  https://www.youtube.com/watch?v=1-yn_Kw2O40 Clips of Humphrey’s work

• Loie Fuller  
  https://www.youtube.com/watch?v=s61KgyYZSRo Clips and biography

• Isadora Duncan  
  https://www.youtube.com/watch?v=V7H31cnTICM Duncan repertory  
  https://isadoraduncan.org/foundation/isadora-duncan/  

• Ruth St Denis  
  https://www.britannica.com/biography/Ruth-St-Denis  
  https://www.youtube.com/watch?v=sBxcTDeQkJl Ruth St Denis dancing

• Optional set work: Giselle (Jean Coralli and Jules Perrot, 1841  
  http://www.roh.org.uk/people/jean-coralli  
  http://www.roh.org.uk/people/jules-perrot

• Filippo Taglioni  
  https://www.britannica.com/art/choreography

• Arthur Saint-Léon  
  https://www.abt.org/people/arthur-saint-leon/
• Coppélia
  https://www.youtube.com/watch?v=Mm48Lgc6scs
• August Bournonville
  https://www.abt.org/people/august-bournonville/
• Optional set work: Singin’ in the Rain (Stanley Donen and Gene Kelly, 1952)
  https://www.shmoop.com/singin-in-the-rain/resources.html
• Bob Fosse
  https://www.pbs.org/wnet/broadway/stars/bob-fosse/
• Fosse documentary
  https://www.youtube.com/watch?v=t14vhjUwe_o
• Jerome Robbins
  http://jeromerobbins.org/
• Agnes De Mille
  http://www.agnesdemilledances.com/biography.html
• Jack Cole
  https://www.bbc.co.uk/news/entertainment-arts-47814968
• Optional set work: Sutra (Sidi Larbi Cherkaoui, 2008)
  https://vimeo.com/202670621 Sutra
  https://issuu.com/sadlerswells/docs/sutra_resource_pack_final_v2?e=5210497/60781050
• Akram Khan
  https://www.akramkhancompany.net/productions/?numPosts=6&pageNumber=&date=&
  category=&action=production_loop_handler
• Jasmin Vardimon
  https://jasminvardimon.com/education/education-resources/
• Matthew Bourne
  https://new-adventures.net/take-part/schools
• Hofesh Schecter
  https://www.hofesh.co.uk/take-part/discover-more/
  https://www.theguardian.com/stage/2009/may/13/guide-dance-hofesh-shechter
• Shobana Jeyasingh
  https://www.shobanajeyasingh.co.uk/learning/resources/
  https://www.theguardian.com/stage/2009/oct/20/shobana-jeyasingh
Various research, reports and articles to support dance advocacy.

The list includes current and historic sources. Whilst some resources appear dated, the discussion points raised and the rationales for dance offered are still relevant today.

See list 14. for advocacy related to dance, health and wellbeing.

See One Dance UK’s regular *Dance in Education Briefings* for up to date news and articles of interest. [https://www.onedanceuk.org/programme/children-young-people/dance-in-schools/](https://www.onedanceuk.org/programme/children-young-people/dance-in-schools/)

See Cultural Learning Alliance for up to date policy analysis, research evidence and advocacy briefings. [https://culturallearningalliance.org.uk/](https://culturallearningalliance.org.uk/)

See Parliament Publications and records for reference to dance within government [https://beta.parliament.uk/search?q=dance](https://beta.parliament.uk/search?q=dance)

- One Dance UK: Advocacy on behalf of dance and dance education sectors [https://www.onedanceuk.org/programme/advocacy/](https://www.onedanceuk.org/programme/advocacy/)
• Creative Industries Federation – Open letter to Gavin Williamson MP
• Durham Commission on Creativity and Education (2019)
https://www.dur.ac.uk/creativitycommission/
• Bacc for the Future campaign – Creative Manifesto
• Cultural Learning Alliance Briefing Paper No. 5. The Arts (2019) The Arts for Every Child; why arts education is a social justice issue.
https://www.onedanceuk.org/programme/advocacy/dance-manifesto/
• What is Cultural Capital? Cultural Learning Alliance
https://culturallearningalliance.org.uk/what-is-cultural-capital/
• Cultural Learning Alliance (2017) Imagine Nation: The Value of Cultural Learning
• Sir Ken Robinson – why dancing as important as math
https://www.youtube.com/watch?v=IuzbcvTaukQ
• View Ken Robinson/ TED2006 Do schools kill creativity?
https://www.ted.com/talks/ken_robinson_says_schools_kill_creativity
• Make the case for arts and culture, A toolkit to help you persuade different audiences by Arts Council England
• I believe in the Power of Dance / Cara Scementi/ TEDxUCIrvine
https://www.youtube.com/watch?v=tbk1_K0bRrY
  [https://www.nfer.ac.uk/media/1681/eaj01.pdf](https://www.nfer.ac.uk/media/1681/eaj01.pdf)
- Champaign IL, Human Kinetics
  [https://publications.parliament.uk/pa/cm200304/cmselect/cmcumeds/587/587.pdf](https://publications.parliament.uk/pa/cm200304/cmselect/cmcumeds/587/587.pdf)
- NDTA Memorandum submitted to Select Committee on Culture Media and Sport (2004) Dance in Schools
  [https://publications.parliament.uk/pa/cm200304/cmselect/cmcumeds/587/587we64.htm](https://publications.parliament.uk/pa/cm200304/cmselect/cmcumeds/587/587we64.htm)
  [https://dera.ioe.ac.uk/7462/1/Government%20Response%20to%20the%20Tony%20Hall%20Dance%20Review.pdf](https://dera.ioe.ac.uk/7462/1/Government%20Response%20to%20the%20Tony%20Hall%20Dance%20Review.pdf)
Various resources that support the links between dance, health and wellbeing.

- One Dance UK and People Dancing the foundation for community dance strategic partnership initiative supporting dance in health and well being [https://www.danceinhealthandwellbeing.uk/](https://www.danceinhealthandwellbeing.uk/)
- One Dance UK – various resources related to mental health collated for World Mental Health Day 2019 [https://www.onedanceuk.org/world-mental-health-day-2019/](https://www.onedanceuk.org/world-mental-health-day-2019/)
- One Dance UK Healthier Dancer Programme [https://www.onedanceuk.org/programme/healthier-dancer-programme/](https://www.onedanceuk.org/programme/healthier-dancer-programme/)
- Sir Ken Robinson: On Dance & Wellbeing [https://www.youtube.com/watch?v=kmjq1wTy49U](https://www.youtube.com/watch?v=kmjq1wTy49U)
- Therapy – A dance film about mental health [https://www.youtube.com/watch?v=MWOhfDo1zs](https://www.youtube.com/watch?v=MWOhfDo1zs)
- Get Doncaster Dancing Strategy - Linda Jasper and Jan Burkhardt on behalf of One Dance UK for Doncaster Borough Council’s Public Health Dept [https://getdoncastermoving.org/dance](https://getdoncastermoving.org/dance)
- Dance: The Game Changer – Kevin Edward Turner co Artist Director of Company Chameleon Shares perspectives on the importance of dance to health and wellbeing of young people [https://www.artscouncil.org.uk/blog/dance-game-changer-0](https://www.artscouncil.org.uk/blog/dance-game-changer-0)
- My Journey with Dance and Mental Health / Kevin Turner/ TEDxLancasterU [https://www.youtube.com/watch?v=cC-K4IKpOQU](https://www.youtube.com/watch?v=cC-K4IKpOQU)
• Creative Health: The Arts for Health and Wellbeing – All Party Parliamentary Group on Arts, Health and Wellbeing
https://www.culturehealthandwellbeing.org.uk/appg-inquiry/

• Mind – Sink or Swim: An underwater dance film tackling mental health stigma
https://vimeo.com/24844844

• THERAPY – a dance film about mental health #MentalHealthisNotVisible
https://www.youtube.com/watch?v=MWOHfDo1zs

• Dance 4 Your Life (2009) - Trinity Laban Conservatoire of Music and Dance study examining the physical and psychological impact of dance of group of young women aged 14
https://www.trinitylaban.ac.uk/study/dance/dance-science/dance-science-research/research-in-the-community/dance-4-your-life-2009

• NRG 2 Dance and Health Project (2010) Trinity Laban Conservatoire of Music and Dance study examining the physical and psychological impact of creative dance and PE on young people in ‘at risk’ areas of West Sussex
https://www.trinitylaban.ac.uk/study/dance/dance-science/dance-science-research/research-in-the-community/nrg-2-dance-and-health

• Vitalise \Step Change. A Dance Health Project 2013. Research and evaluation Documentation by Elsa Urmston

• Everybody active, everyday: framework for physical activity by Public Health England

• Cultural activities, art forms and wellbeing - Arts Council England research

• Youth Dance & Health (Documentary 2011) Hampshire dance and Youth Dance England
https://www.youtube.com/watch?v=gC1D3KRIm8

• People Dancing – Dance for Parkinson’s UK
https://www.communitydance.org.uk/developing-practice/dance-for-parkinsons-partnership

• TEDxObserver – Peter Lovatt – psychologist and dancer
https://www.youtube.com/watch?v=ihCh5wzNJYY
Various places to go to further your knowledge and skills.

The list includes organisations and institutions that offer professional development for teachers such as one day courses, Easter / summer schools, online learning, bespoke advice and guidance.

- One Dance UK  
  https://www.onedanceuk.org/careers/professional-development/cpd-courses-and-training/
- Association for Physical Education  
  www.afpe.org.uk
- National Resource Centre for Dance  
  https://www.surrey.ac.uk/national-resource-centre-dance/training
- People Dancing: Foundation for Community Dance  
  https://www.communitydance.org.uk/developing-practice  
  https://www.communitydance.org.uk/developing-practice/online-learning
- Council for Dance Drama and Musical Theatre  
  https://cdmt.org.uk/affiliates/affiliate-continuing-professional-development-courses
- Trinity Laban Conservatoire of Music and Dance  
  https://www.trinitylaban.ac.uk/take-part/for-adults/professional-development
- The Place  
  https://www.theplace.org.uk/schools
- Sadler’s Wells  
  https://www.sadlerswells.com/learning/schools-and-colleges/
- Royal Opera House  
  http://www.roh.org.uk/learning/learning-in-thurrock/professional-development-for-teachers
- Keynote Educational  
  https://www.keynoteeducational.co.uk/?tourscreen=1&tourtax%5Bpa_subject%5D=dance
- Royal Academy of Dance  
- BBO dance  
  https://bbo.dance/train-with-us/continuing-professional-development
- Safe in Dance International  
  http://www.safedance.com/
Various British companies it is useful to know about, take your students to see live and who typically offer education workshops and resources.

Before taking students to see work live or showing film footage, remember to check the age appropriateness of the content.

- Ace Dance and Music [https://acedanceandmusic.com](https://acedanceandmusic.com)
- Akademi [https://akademi.co.uk](https://akademi.co.uk)
- Akram Khan Company [https://www.akramkhancompany.net](https://www.akramkhancompany.net)
- Ballet Black [https://balletblack.co.uk](https://balletblack.co.uk)
- Balletboyz [https://www.balletboyz.com](https://www.balletboyz.com)
- Birmingham Royal Ballet [https://www.brb.org.uk](https://www.brb.org.uk)
- Boy Blue [http://boyblueent.com](http://boyblueent.com)
- Candoco Dance Company [http://www.candoco.co.uk](http://www.candoco.co.uk)
- Ceyda Tanc Dance Company [http://www.ceydatancdance.com](http://www.ceydatancdance.com)
- Corali [https://www.corali.org.uk](https://www.corali.org.uk)
- DV8 [https://www.dv8.co.uk](https://www.dv8.co.uk)
- English National Ballet [https://www.ballet.org.uk](https://www.ballet.org.uk)
- Hofesh Shechter Company [https://www.hofesh.co.uk](https://www.hofesh.co.uk)
- Irie Dance Theatre [http://www.riedancedtheatre.org](http://www.riedancedtheatre.org)
- James Cousins Company [https://www.jamescousinscompany.com](https://www.jamescousinscompany.com)
- Jasmin Vardimon [https://jasminvardimon.com](https://jasminvardimon.com)
- Joss Arnott Dance  
  http://jossarnottdance.com
- Ludus Dance  
  https://ludusdance.org
- Motionhouse  
  https://www.motionhouse.co.uk
- National Dance Company Wales  
  https://ndcwales.co.uk
- New Adventures  
  https://new-adventures.net
- Phoenix Dance Theatre  
  https://www.phoenixdancetheatre.co.uk
- Protein  
  http://www.proteindance.co.uk
- Rambert  
  https://www.rambert.org.uk
- Richard Alston Dance Company  
  https://www.roh.org.uk
- Royal Ballet  
  https://www.roh.org.uk
- Russel Maliphant Dance Company  
  https://russellmaliphantdancecompany.com
- Scottish Dance Theatre  
  https://www.scottishdancetheatre.com
- Shobana Jeyasingh Dance  
  https://www.shobanajeyasingh.co.uk
- Siobhan Davies Dance  
  https://www.siobhandavies.com
- StopGAP Dance Company  
  http://www.stopgapdance.com
- Studio Wayne McGregor  
  https://www.waynemcgregor.com
- Tava Ziva  
  https://tavazivadance.com
- Tribe  
  http://tribecompany.co.uk
- Wired Aerial Theatre  
  https://www.wiredaerialtheatre.com
- ZooNation The Kate Prince Company  
  https://zoonation.co.uk
Various places to purchase dance wear, dance floors, sound and lighting.

These are well known national suppliers. It is worth getting quotes from a range of suppliers, including local firms, when it comes to fitting items such as mirrors and curtains.

When buying items such as stage curtains, ensure they have the appropriate level of fireproofing and meet all current British Standards regulations.

- Clothing for dance
  www.dancedirect.com
  www.dancinginthestreet.com
  www.planetdancedirect.co.uk
  www.dancewearsolutions.com

- Technical equipment – lighting, sound etc
  www.stage-electrics.co.uk
  www.lemark.co.uk
  www.ajs.co.uk/lighting
  www.northernlight.co.uk

- Dance floors
  https://uk.harlequinfloors.com/en/products

- Dance studio mirrors
  www.dancestudiomirrors.co.uk

- Gaffa tape
  www.gaffatape.com

- Stage curtains
  www.mcdougall.co.uk
  www.pgstage.co.uk