Freely downloadable learning materials created by the English Folk Dance and Song Society (EFDSS) are now available via the EFDSS online Resource Bank.

These include comprehensive Beginners’ Guides, extensive teachers’ packs, video clips and audio files. Resources support learning in dance and other areas of the curriculum such as PE, music, history, geography, English and PHSE.

Please see below some of the dance resources available:

**Creative Folk Dance for Primary Schools** contains a selection of simple dances suitable for use with Key Stages 1 and 2.

The resource includes written instructions, video and audio tracks and is freely downloadable at:


**Morris Contemporary** introduces a creative, contemporary approach to using morris within the secondary dance curriculum.

Suitable for Key Stages 3, 4 and 5, it contains written notes, film clips and audio files and is freely downloadable at:


**Tradition and Composition** provides a six week unit of work for use with students studying dance at Key Stage 4 and above. The pack contains an introduction to English traditional Cotswold morris dance and music with composition tasks and ideas for developing further work.

It includes written notes with accompanying video and audio clips and is freely downloadable at:


**Contemporary Folk Dance Fusion** is a resource for teachers and artists working with students studying dance in secondary school. Based on a project with Key Stage 5 students it is also easily adaptable for use in dance and PE classes for Key Stages 3 and 4. The resource features a pack with background information and instructions, audio tracks and a video of the Key Stage 5 final performance.

Explore the resource at:

**The Beginners’ Guide to English Folk Dance** gives an introduction to the rich diversity of dance forms that have developed over many centuries in communities throughout England. The resource gives simple explanations of and background to many types of English Folk Dance with accompanying pictures.

Explore the resource at:


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**The Beginners’ Guide to English Folk Costume** provides a guide to some of the many varied and wonderful costumes which are worn for an array of English folk customs including plays, dances and community festivals.

The resource can be explored at:


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The short film *I Love English Folk Dance* shows groups of young people from across England performing at U.Dance 2012. The film gives a good overview of some of the main forms of English folk dance as danced by children and young people. It features the dynamic dancing of seven youth folk dance groups / sides from around England and brief interview clips with some of their enthusiastic young dancers.

Watch the film here:

[https://www.youtube.com/watch?v=uPvQ8ixXPRY](https://www.youtube.com/watch?v=uPvQ8ixXPRY)

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**EFDSS Folkshop**

EFDSS also sells a full range of books, CDs and DVDs to help teach folk dance and music on our folkshop.

[www.efdss.org/folkshop](http://www.efdss.org/folkshop)

**English Traditional Dancing** provides clear instructions for 28 English country / ceilidh dances, fully illustrated with diagrams and photographs. Sold with an accompanying CD of music for all the dances.


**Community Dances Manual**, book and CD contains more than 130 English and American social folk dances and tunes for English country dancing, ceilidhs, barn dances and American contra dances; with dance notation and music on facing pages for ease of use. An extensive glossary provides detailed notes on formations, steps and figures for anyone not familiar with the terms used.


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