

Dance Bingo



Choose 1 activity per week to complete. These are split into different categories, some practical, some written and some are creative. You have the choice of what you would like to do but must provide evidence that you have completed a task in the following ways:

Practical task- Email a video clip of you completing the task in dance kit or other appropriate dance wear.

Written task - Hand write or type in any way you wish. Either email as a document or take a photograph of the written task.

Creative task- Present however you like draw it, write it out or make it.

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Learn a dance routine from Hairspray on Broadway!

<https://www.youtube.com/watch?v=FTZgSy7HKAw>

Write an article for "The Dancing Times" based on the choreographer MATTHEW BOURNE. Include lots of detail about his work and his methods.

Imagine that the floor is clear glass or plastic and covered in sand with an audience sat below looking up. Can you create a short sequence of movement that would be interesting seen from below.

Draw a floor plan of your house featuring all the rooms and corridors. Create a routine based on an imaginary trip around your house and the things that you would do in each room. For example brushing your teeth in the bathroom or cooking in the kitchen. Add different gestures and travelling movements.

Try to learn an Afrobeats dance routine!

<https://www.youtube.com/watch?v=QSlhxjp3tU>

Research the roles of Dancer, Choreographer and Costume designer. Find out what each role does when working on a production. Look at what skills they need.

Start a "Dance Ideas" book. Fill it with pictures of your favourite lifts, ideas for dance routines and pieces of music that inspire you.

Design a costume for a piece of dance entitled "The Circus of Horrors".

Learn a lyrical dance routine!

<https://www.youtube.com/watch?v=QmA4DZCqwY>

