

Studying and working within Dance Medicine and Science FAQs

- Where can I study dance medicine and science in the UK?
- Is there funding available for dance medicine and science students?
- Is there a recommended amount of education or experience required to work within the dance medicine and science field?
- How can I gain experience within dance medicine and science?

Where can I study dance medicine and science in the UK?

Canterbury Christ Church University	<ul style="list-style-type: none"> • BA (Hons) 	Dance/Sport and Exercise Science Dance Sport and Exercise Psychology
Cardiff Metropolitan University	<ul style="list-style-type: none"> • BA (Hons) 	Sport, Physical Education and Health (Dance)
Liverpool Hope University	<ul style="list-style-type: none"> • BA (Hons) 	Dance and Nutrition Dance, Sport and Physical Education
London Metropolitan University	<ul style="list-style-type: none"> • BSc (Hons) 	Sport and Dance Therapy
Queen Mary University London	<ul style="list-style-type: none"> • iBSc • MSc 	Sport and Exercise Medicine (Standalone dance modules for clinicians available)
Trinity Laban Conservatoire of Music and Dance	<ul style="list-style-type: none"> • BSc (Hons) • MSc • MFA 	Dance Science
	<ul style="list-style-type: none"> • MPhil/PhD 	Dance and/or Music Science
University College London	<ul style="list-style-type: none"> • MSc/Postgraduate diploma 	Performing Arts Medicine (Standalone dance modules for clinicians available)

University of Bedfordshire	<ul style="list-style-type: none"> • MSc/Postgraduate diploma • PhD 	Dance Science
University of Chichester	<ul style="list-style-type: none"> • BSc (Hons) • MSci (Hons) 	Dance Science
University of Edinburgh	<ul style="list-style-type: none"> • MSc/Postgraduate diploma 	Dance Science and Education
University of Wolverhampton	<ul style="list-style-type: none"> • BSc • MSc • PhD by Research 	Dance Science and Performance Dance Science

More information on dance science courses can be found in the following document including information on undergraduate/post-graduate degrees, work experience placements, internships, clinical placements and mentorship schemes: [Educational Opportunities in Dance Medicine and Science](#) by the International Association for Dance Medicine & Science (IADMS).

[Is there funding available for dance medicine and science students?](#)

There is not direct funding specifically for dance medicine and science students and the availability of funding will depend on geographical location. However, it is worth investigating funding possibilities directly with the institution you wish to study at by contacting their admissions department or a faculty member. You can ask whether they offer scholarships, grants or bursaries which students can apply for and find out what they look for in successful applicants.

In terms of funding for PhD courses, it is worth researching PhD scholarships otherwise known as 'studentships' in the UK. Often these positions include a stipend for completing your PhD work when part of a larger, funded research project and are therefore highly sought after. These studentships are advertised by universities in the same way as jobs and can be found on the web pages of individual institutions or higher education job websites.

[Is there a recommended amount of education or experience required to work within the dance medicine and science field?](#)

The growing field of dance medicine and science is very diverse, including a range of professions, each requiring varying educational and professional experience. Therefore, there is not one simple answer to this question and the education and experience required depends on what career you are interested in. However, as outlined above and in detail within the [Educational Opportunities in Dance Medicine and Science](#) document, there are a varied range of educational opportunities available.

It is probably easiest to consider possible routes of education and recommended experience with your future career aspiration in mind. For example

Type of career	Recommended Qualifications/Experience
<p>Clinical such as</p> <ul style="list-style-type: none"> • Sports/dance medicine doctor • Physiotherapist • Osteopath • Psychologist • Nutritionist • Athletic trainer 	<ul style="list-style-type: none"> • Specialist qualifications including both undergraduate and postgraduate degrees. • Completion of clinical internships, residencies or fellowships.
<p>Practitioner such as</p> <ul style="list-style-type: none"> • Strength/conditioning coach • Pilates instructor • Personal trainer 	<ul style="list-style-type: none"> • Completion of training and certification from professional bodies (Higher education qualifications may not be required).
<p>Educational such as</p> <ul style="list-style-type: none"> • Lecturer/professor at a university 	<ul style="list-style-type: none"> • Differing educational requirements depending on what level you wish to teach. • A terminal degree such as an MFA or PhD is generally required to work as a lecturer in most universities. • To work within dance instruction, possibly with a company, school, or community project, professional body qualifications may be the only requirement.

Is important to consider that gaining a postgraduate degree, such as an MSc in Dance Science, may not lead to one specific career but could help you to further your current knowledge and form your career path within one or many of the careers possibilities mentioned above.

[How can I gain experience within dance medicine and science?](#)

An ideal way to gain experience within dance medicine and science is through volunteering with an individual or organisation in an area which you are interested in. Established professionals generally

enjoy meeting enthusiastic students who show an interest in their field or specialism within dance science. As dance medicine and science covers a vast range of professions it is important to gain experience in multiple professions. This is especially important if you are unsure what specific area you are interested in. It can help to you to discover what areas you enjoy and would like to explore further but also those you're not interested in. It is important to remember that volunteering can sometimes turn into work experience or opportunities, help to open new doors, and create networking opportunities.

Further information

See the International Association for Dance Medicine and Science (IADMS) [Student Committee page](#) for links to careers information, a list of undergraduate and postgraduate degree programs, student discussion forums, and more.

More information on dance science career opportunities can be found here at the [Harkness Center for Dance Injuries](#) at the NYU Langone Medical Center.